

## **Community Newsletter**

Be Responsible

Be Safe

**Be Respectful** 

159-211 Coburns Road MELTON 3337 03 9743 4966 melton.ss@edumail.vic.gov.au

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Distinctive Options

AFTER SCHOOL CARE COMMUNICATION LINE 0447 085 696

Basehus Marsh Coaches STUDENT BUS TRANSPORT ABSENCE LINE 1800 660 530









Melton Specialist

School

Edition 3 2018: 23rd March 2018

## A Message from the Principal

Dear Parents, Carers and Community Members

And just as we were getting started the term is about to end! It has been such a busy term with staff changes and student program design. Our Building Works have finally started and the school café just opened. I feel like we need a few more weeks to continue on BUT I won't tell the staff that idea!

#### **Building Update**

This week we saw the first stage of our demolition. The old playground and some of the old courtyard have been levelled. We have tried really hard to discuss this with students and let them observe from a distance. It has been really interesting to see how engaged they have been watching pieces of equipment moved around and destroyed – some potential builders amongst us I think! During the school holidays, the Admin and Allied Health buildings will be demolished. During these holidays our new playground will be built up at the back of the school. This will be another well needed space for our students to play and learn.

#### Assembly

Our whole school assembly is being held next Wednesday at 2pm. During Assembly we will announce our 2018 School Captains and have our annual Easter Hat Parade. Please come and join us to celebrate the end of the term.

#### Student Captains

It has been such an amazing experience seeing the Senior Students nominate and promote themselves to be our next school leaders. Students nominated themselves, designed posters to promote their ideas and leadership skills and attended a very thorough interview with Megan and Cherrie. Staff and students are voting next week – the excitement is building.

#### <u>ILP's</u>

DRAFT ILP's goals and booking sheets will be sent home to you all. Please indicate 3 times which are suitable to meet with your child's teacher. Also please look at the DRAFT goals your child's teaching team has thought of as a priority. These will be the basis for discussions during the meeting.

#### New uniform

Don't the new uniforms look fantastic? The navy on navy looks really smart. If you would like to purchase please see Christine in the office

Best wishes and have a great holiday Brooke

Just a friendly reminder... TERM 1 FINISHES WEDNESDAY 28TH MARCH EARLY DISMISSAL 2PM

STUDENT SUPPORT GROUP (SSG) MEETINGS THURSDAY 29TH MARCH STUDENT ARE NOT REQUIRED AT SCHOOL

## **VCAL News** A LOOK AT OUR WEEK



## WEEK 7

## 12/03/18 - 16/03/18

## THIS WEEK'S LEARNING

## <u>CAMP</u>

In week two VCAL went to ace hi ranch

Where we had a range of different activities such as horse riding, big swing, flying fox, and arching, we had kitchen duties to do.

We also went on a bush walk as well as a movie night.

## THE WAR ON WASTE PROJECT

VCAL is doing a war on waste project where students are learning how much wastage there is every day. And how we could stop it.

## RENT PROJECT

Learning how to rent a house by yourself.

How not to over spend and save money correctly, also learning about expense and bank checks.

## OH&S PROJECT

<u>Learning about safety, what to do in a</u> <u>workplace.</u>

## LUNCH ORDER PROJECT

In lunch orders we are learning about what is a food handler, personal hygiene and did an assessment on food safely where we had to get 90 and above to pass the test.

## BREAKFAST CLUB GOSS

Guess what breakfast club is now running by VCAL students! It will be running four times a week TUES - FRI. Some of the students have said why they like coming to breaky club.

**Emmanuel** said he likes coming for Milo and toast. **Blayke** likes chatting with friends and catching up. **Petal Kay** also said she likes to catch up with friends and try's new things.

Tahnee likes the cereal, her favourite is weet bix.

## PICTURE OF THE WEEK



## VCAL ARE OUT OF CONTROL!

A special thanks to Sarah and Geoff for coming to camp!

## **Notice of Election and Call for Nominations**

An election is to be conducted for members of the School Council of Melton Specialist School.

Nominations forms may be obtained from the school and must be lodged by 4.00pm on Tuesday 27th of March 2018.

Following the closing of nominations a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Parent member	From the day after the date of the declaration of the poll in <b>2018</b> to and inclusive of the date of the declaration of the poll <b>2019</b>	Ι
Parent member	From the day after the date of the declaration of the poll in <b>2018</b> to and inclusive of the date of the declaration of the poll <b>2020</b>	2 positions remaining

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Brooke Briody PRINCIPAL

## School Council AGM Tuesday 27th March 6pm

**Everyone is welcome!** 





As most of you are aware parking is becoming limited around the school. Can we please remind staff, parents/carers not to park in disability carparks if you do not have the appropriate sticker. We do have families who need access to these parks to ensure a safe transition in and out of the school.

Melton City Council Local Laws have been frequenting the area booking cars who are not parked correctly. Please follow the road rules and follow parking signage.

If you do receive a fine and would like support with the dispute process, please get in touch with the office staff.

## **HEALTH AND HYGIENE ALERTS**

Infectious disease outbreaks such as gastroenteritis and influenza can severely impact student attendance, learning and the welfare of the school community.

Establishing good hand hygiene practices at a young age is key to preventing the spread of infectious disease.

With cold and flu season nearly upon us and the resent notification of a gastro outbreak, hand hygiene is extremely important. We will support healthy hygiene practices within the school through hand washing lessons and reminders.

If you would like resources for home please contact your child's teacher.

## PARENTS, CARERS AND COMMUNITY CLUB

The Parents, Carers and Community Club of Melton Specialist School meet regularly throughout the year to plan carer support events, morning teas, fundraising events and fun days here at our school. If you would like to become involved in these activities, please contact the office staff for more information.

## **EASTER RAFFLE DRAW**

Our first fundraiser for the year will be an EASTER RAFFLE. Get your tickets and money back to the office by Tuesday 27th March 10am.



## END OF TERM ASSEMBLY—EASTER HAT PARADE

Come and join us for our End of Term Assembly. We will be having an Easter Hat Parade and everyone is encouraged to get involved.

We will also be reflecting on Term 1's achievements and celebrating our students successes.



## Wednesday 1:15pm on the VCAL Deck



## A WORD FROM AROUND THE SCHOOL

Horticulture vet class 2018 ventured to Rockbank Nursery to experience buying beautiful native plants to enhance our new playground area.

Students researched what plants would thrive and require very little maintenance. They are now preparing the ground so that these bird friendly and vivid coloured flowing plants can be planted.

Thanks to Rockbank Nursery for the great price on quality plants.

Our students have also been busy doing some line marking in the staff carpark. Our luck 'Staff Member of the Fortnight (SMOF)' now has a special spot to park in!







## **RECIPE OF THE WEEK**

## **Easy Tuna Mornay**

#### Ingredients

- 50g Woolworths Select butter, chopped
- · 1 onion, peeled and chopped
- · 1/3 cup Homebrand plain flour
- · 1 litre Woolworths Select full cream milk
- 1 chicken stock cube
- · 1 tbs Woolworths Select Dijon mustard
- 2 x 425g cans Woolworths Select tuna in spring water, drained
- 1/3 cup coarsely chopped fresh continental parsley
- 250g Woolworths Select tasty cheese block, coarsely grated
- · 3/4 cup Panko breadcrumbs
- · 3/4 cup Panko breadcrumbs

#### Directions:

1. Preheat oven to 200°c fan-forced. Melt butter in a large saucepan, add onion. Cook stirring for about 5 minutes or until soft. Add flour; cook stirring until combined with butter.

2. Gradually whisk in milk, a little at a time this will take about 5-7 minutes. Crumble in stock cube and add mustard, whisk until sauce comes to the boil. Reduce heat to a simmer. Simmer for 5 minutes, whisking constantly or until thickened. Remove from heat; add tuna, stirring to break up with a spoon, half the parsley and half the cheese.

3. Pour into a 6 cup capacity oval ceramic oven-proof dish (22x16cm). Combine breadcrumbs with remaining parsley & cheese in a small bowl. Scatter over tuna sauce. Bake for 10-12 minutes or until breadcrumbs are golden.

Tips:

- 1. you can make this mornay in individual ramekins instead of a large baking dish
- 2. swap out the tuna chunks for red salmon
- 3. swap plain flour and panko crumbs for gluten free plain flour and woolworths free from gluten breadcrumbs

#### If you have a recipe that you would like to share please email it to melton.ss@edumail.vic.gov.au and we will share it in the newsletter

## **DATES TO REMEMBER**

Tuesday	27th Ma	arch School Council AGM 6pm
Wednesday	28th Ma	arch Last day of Term—Early Dismissal 2pm
		Last day of Term Assembly 1:15pm—Easter Hat Parade
Thursday	29th Ma	arch SSG Meetings—Student Free Day
		Uniform Shop open 9.00am—3.00pm
Friday	30th Ma	arch EASTER—Good Friday School Holidays begin
Monday	16th Ap	ril Term 2 begins 9am



Preparation time: 30 minutes Cooking time: 20 minutes

Servings: 6

## WE ARE GOING ONLINE!

At the beginning of Term 2 we will be introducing our families to Compass.

Compass is a school management/communication program and it plays a vital role in communication between the school, its students and the parent/carer community.

All stakeholders - staff, students and parents/carers have a unique login to the system which can be accessed through the Melton Specialist School Website via personal computer, tablet or smartphone.

We will recommend that parents and carers log on to the system at least twice per week to ensure that they are up to date with community events, news, school directives and other details.

The Compass system is designed to allow parents and carers the ability to access reports, to approve attendance at excursions and events for their students, to approve absences and to convey news and other communication between the school and its community.

Technical help will be available through the Administration Office should you have questions or need to recover your password and look out for the MSS **Compass Help Desks** at various school events - our friendly staff will be happy to answer any questions.

Parents will receive a letter that contains their unique user name and password. The first time you log on, you will be asked to change your password. It is important that these details are kept private, including from your children.

Teachers will regularly report on your child's learning disposition and academic progress throughout the term.

Through a personal secure online Compass account, parents/guardians receive important communication and are kept informed about their son/daughter's learning, including viewing their child's timetable, accessing information about upcoming events and view school attendance information. You can also complete permission forms for excursions and pay electronically.

The school newsletter is located on the Compass Parent Portal News Feed for parents/ guardians and will be published fortnightly, on a Friday.



# FREE programs in the City of Melton to get active in the month of April.

EXCLUDING PUBLIC HOLIDAYS -FREE PREMIER'S ACTI 2

THURSDAY

FRIDAY

MONDAY KIDS ACTIVE - 2-4 YRS erve, Melton, 9.30am Kurunjang Recreatio (April 9, 16, 23, 30) TAI CHI FOR ARTHRITIS Willows Historical Park, Melton 10am (April 9, 16, 23, 30) CARDIO TENNIS TUESDAY

Brookside Recreation Reserve, Caroline Springs 10am (April 3, 10, 17, 24) COME & TRY TENNIS

## Brookside Recreation Reserve, Caroline Springs 10am (April 3, 10, 17, 24)

KIDS SENSORY GYM - 6mths - 2yrs Melton Indoor Recreation Centre, 1.30pm to 2.15pm (April 3 & 10) Caroline Springs Leisure Centre, 12:30pm to 2.15pm (April 17 & 24) (registrations essential SATURDAY SUNDAY

10AM TO 2PM / SATURDAY 21 APRIL 2018

WEDNESDAY WALKING GROUP nunity Centre, 9.30am Bridge Road Comn (April 4, 11, 18)

ZUMBA ZUMBA Taylors Hill Youth Centre, 6.30pm to 7.30pm (April 5, 12, 19, 26) DJEMBE DRUMMING WORKSHOP – YOUTH m to 4pm (April 12) PARENTS AND PRAMS Hannah Watts Park, Melton 1Dam (April 12 & 26)

PARENTS AND PRAMS ead, 10am (April 6 & 20) BOXACISE - YOUTH e, 4.30pm to 5.15pm (April 6, 13, 20, 27) GROUP PT st Netball Court, 10.15am to 1045am

(April 6 & 13) TOOLERN CREEK PARK RUN

South 8am Bridge Road, Melton (April 7, 14, 21, 28)

COME & TRY VOLLEYBALL ings Leisure Centre, 3pm to 4pm Caroline Springs Leisure Centre, 3pm to 4pm (April 8 & 15) Melton Indoor Recreation Centre, 3pm to 4pm (April 22 & 29)

MELTON

For more information, visit melton.vic.gov.au/getactive

SAFER CITY DAY







Kids get a chance to have a go, at a range of sports and other activities in one morning, all in the one place! The café is open from 9.30am. Coffee and snacks available COST: \$6 per child RSVP: <u>margaretz@melton.vic.gov.au</u> | Phone: 9747 5356 nicolema@melton.vic.gov.au | Phone: 9747 5321

Register at: <u>www.melton.vic.gov.au/Out-n-About/Events-Activities/Get-</u> Activated-Stay-Motivated-Caroline-Springs

## Wednesday 4th April

Caroline Springs Leisure Centre 9-19 The Parade, Caroline Springs

# Wednesday 11<sup>th</sup> April

Melton Indoor Recreation Centre Coburns Rd Melton



## Active April Fun Day



#### Run, jump, throw, roll and play your way to being active!

#### Join in the fun of Premier's Active April

- Sports: cricket, soccer, AFL, tennis

- •
- •

Bring a hat, drink bottle and BYO picnic lunch. Limited food for sale on-site

#### FUN DAY DETAILS:

WHEN: Thursday 5 April

TIME: 10am - 1pm

WHERE: Navan Park Centenary Ave Melton West

COST: FRFF

No registrations required

For more information, visit facebook.com/healthymelton

#### or phone 9747 7200

Register for the Premier's Active April at the event or online: activeapril.vic.gov.au









Face Painting Jumping Castle Animal Farm and Pony Rides

r more information: Iton.vic.gov.au/safercityday

f /healthymelton

Child restraint and anti-theft number plate screw fittings

PLUS MEET

Loads more FREE activities Your local community safety services from Victoria Police, CFA, SES, Djerriwarrh Health Services and Melton City Council

**c**ssquare

djerriwarrh



MELTON





This session is for people on the Autism Spectrum and/or family members and carers of People on the Autism Spectrum.

The National Disability Insurance Scheme [NDIS] will commence in Melton Region from 1st October 2018 and will be a significant change in the way disability services are provided. Come along to find about the NDIS and how the changes will impact on individuals on the Autism Spectrum

Presenter:	Carmel Topp NDIS Community Engagement Officer AMAZE (formerly Autism Victoria)
Date:	28 <sup>th</sup> March, 2018
Time:	11am – 1pm
Venue:	Melton Specialist School, Meeting Room 159 - 211 Coburns Rd Melton
RSVP:	To register please contact Breanna Guardabascio at Melton Specialist School.





# Be a Soapy Hero

How to... wash your hands

> WASH YOUR HANDS TO GET RID OF GERRY THE GERM

> > It only takes

> > > 20

seconds!



2

WET your hands with running water

RUB soap all over your hands for 20 seconds Sing 'happy birthday' twice!



**RINSE** the soap off your hands





DRY your hands with a clean towel or paper towel or under a hand dryer



#### Wash your hands:

- whenever your hands look dirty
- after going to the toilet
- after coughing, sneezing or blowing after you play your nose
- before and after eating
- after touching pets or other animals

Find out more about hand hygiene at: www.betterhealth.vic.gov.au/soapy-hero